

PO Box 42 Bangalow NSW 2479 Phone: (02) 6687 1111

## About the program

HASI-Plus Kempsey is funded by NSW Ministry of Health and delivered by The Buttery in collaboration with Mid North Coast Local Health District.

The program is a transitional rehabilitation and recovery program which integrates clinical support and high intensity psychosocial support with stable communitybased fit-forpurpose accommodation.

The program is targeted to support individuals with severe mental illness and functional impairment to continue their recovery journey and live a quality life in the community.





## **HOW TO REFER SOMEONE**

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THE BUTTERY

KEMPSEY HOUSING AND ACCOMMODATION SUPPORT INITIATIVE HASI-PLUS

HASI-Plus is a transitional rehabilitation and recovery-oriented, high intensity, communitybased program for people with severe mental illness and significant functional impairment. The program integrates dedicated clinical and intensive psycho-social support (16-24 hours per day, seven days per week) with stable community-based accommodation.

# How to take part in the program

Referrals are accepted state-wide (NSW). Eligible people will be adults (18+) with a diagnosis of severe mental illness (typically schizophrenia, bipolar disorder or schizoaffective disorder), a mental health disorder or experience an extreme level of emotional or psychological distress, which also results in significant functional impairment. Exclusion criteria include those who are receiving duplicate supports or at significant risk of harm to themselves or others. Who is the program for?

People who have been in long-term institutions, such as mental health facilities, correctional facilities or longterm care in hospitals will be prioritised.

#### Where is HASI-Plus?

HASI-Plus in based in Kempsey on Dunghutti Aboriginal Country around 350km north of Sydney and 16km inland from the coast on the Macleay River. The Kempsey population is around 15,000.

### About the property

The property consists of six two-bedroom units; four are dual occupancy and two single occupancy units, one of which is a purpose built which meets Australian Standards for disability access. The units are fully furnished and comfortable.

The property has a shared landscaped garden, river views, a large paddock and an outdoor entertainment area and BBQ. It is just 300m to local shopping and services, 50m from the bus stop and 850m to Kempsey train station.



#### The support team

HASI-Plus is staffed 24/7. Our team is made up of support staff and their team leader who provide psychosocial supports to participants. There are two Clinical Leads, from The Buttery and from MNC LHD. They work in close collaboration with the team and provide a range of holistic and clinical supports to participants.

> Lottie, a therapy dog, is available to support participants.