

## Cost of TC and MTA treatment and accommodation

Social security recipients contribute 85% of their benefits to cover food and accommodation. Those not receiving benefits contribute a similar amount each week.

## Continuum of care

The Buttery's residential treatment programs are part of The Buttery's Continuum of Care.

Our network of residential and community-based programs provide prevention, treatment, and aftercare.

To promote recovery and assist family members, free family counselling is available for family members and significant others receiving treatment in any of our programs.

The residential programs are evidence-based and subject to ongoing evaluation and rigorous quality assurance.

The Buttery's dedicated, qualified, and experienced team, treat participants with compassion and dignity.



THE BUTTERY

Connected Communities  
Valued People  
Collaborative Partnerships

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**To donate visit**

[buttery.org.au/make-a-donation](https://buttery.org.au/make-a-donation)

[buttery.org.au](https://buttery.org.au)



The Buttery gratefully acknowledges the financial support it receives from generous donors, the NSW State and Commonwealth Governments, and NSW Health, Department of Health (Commonwealth).



The Buttery acknowledges and pays respect to past and present Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



The Buttery's staff are committed to embracing diversity and eliminating discrimination in providing services. We welcome everyone, irrespective of ethnicity, faith, sexual orientation, or gender identity.



THE BUTTERY

**ALCOHOL & OTHER DRUGS  
RESIDENTIAL REHABILITATION  
PROGRAM**

## The Buttery Residential Programs

At the Buttery we believe everybody should have the opportunity to live their best possible life.

The Buttery is a not-for-profit charitable alcohol, substance misuse and mental health organisation established in 1973.

We have provided services to over 5,000 participants in residential programs and 20,000 participants in outreach programs. All people accessing programs are eligible to receive 12 months aftercare.

As a charity, The Buttery relies on the generosity of the community, donors, funders, agencies, the State and Commonwealth Governments.



## The Therapeutic Community (TC)

### Mid to long term residential program

The Buttery's TC is open to any NSW resident aged 18 years and over. All participants undertake a phone assessment before joining.

The Therapeutic Community (TC), is a residential program, helping people with alcohol and/or substance misuse to find lasting recovery.

Under the TC model, participants provide a mutually supportive environment for recovery. Set in the Byron Bay Hinterland, the program has three stages.

Each stage offers group therapy, counselling and education. Program activities include yoga, meditation, choir, art and light work such as gardening. Outings involve going to the beach, cinema, parks, and 12-step meetings.

### Program One

This 12-week program focuses on developing coping strategies to stabilise wellbeing.

### Program Two

This 12-week program focuses on developing awareness of underlying core relapse issues and consolidating learnings.

### Program Three

This 6-week program focuses on community reintegration and relapse prevention strategies.

Upon graduation, people may access our Transition House in Byron Bay.



## Specialty Beds

### OTP – Residential

The TC has beds available for those on an Opiate Treatment Program who wish to withdraw from or stabilise on an opiate substitute.

Before admission, participants need to be on treatment and under medical supervision.

### MERIT – Residential

The TC has beds available for those on the Magistrates Early Release Into Treatment (MERIT) program.

### Private Access

The TC has self-funded beds available to those who can afford and would like to take advantage of assertive case management, priority assessment and access.

For more information about the AOD Residential programs: [www.buttery.org.au](http://www.buttery.org.au)

