



## Drug and Alcohol Treatment (DAT) Program

The Drug and Alcohol Treatment Program supports improved health and social outcomes for individuals, families and communities at risk of, or currently affected by substance misuse in the North Coast region.

DAT partners with participants, families, carers, other supports and broader mental health and health and social services.



## THE BUTTERY

Connected communities  
Valued people  
Collaborative partnerships

Contact us to refer a client,  
or for more information:

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The Drug and Alcohol Treatment program was established by Healthy North Coast and is delivered by The Buttery.



The Buttery acknowledges and pays respect to past and present Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



The Buttery's staff are committed to embracing diversity and eliminating discrimination in providing services. We welcome everyone, irrespective of ethnicity, faith, sexual orientation, or gender identity.



## THE BUTTERY

### Drug and Alcohol Treatment (DAT) Program







## Areas of Support

### **Brief Intervention:**

Supports include 1-2 online or phone sessions for participants with identified substance misuse issues.

### **Youth Program:**

12-month community-based supports for participants aged 12-24 with substance misuse and who may also be experiencing mental health conditions.

Supports include psychoeducation, case management and individual and group counselling.

### **Adult Program:**

12-month community-based support for participants 18 years and older with substance misuse, both with and without mental health conditions.

Supports include psychoeducation, case management, individual and group counselling.

### **Day Rehabilitation Program:**

A 4 to 6-week online and face-to-face community-based mid-level intensive rehab for participants aged 18 years and over. Suitable for people with substance misuse, both with and without mental health conditions.

### **Withdrawal Management Program**

Community-based withdrawal management for participants aged 16+ with substance misuse, both with and without mental health conditions in collaboration with a General Practitioner.