



# THE BUTTERY

**ROLE TITLE: Mental Health Counsellor: Counselling Support Services (CSS)**

**LOCATION: Grafton in the Clarence Valley Region**

**About the role:** As a Mental Health Counsellor with us, your role will involve working with participants to perform a bio-psychosocial assessment, build therapeutic alliances, support client lead decision making and goal setting and ensuring adequate service coordination and transfer of care.

In collaboration with the Therapeutic Alliance consortia's management and support team, The Buttery will ensure that all interventions will be evidence based such as psycho-education, acceptance and commitment therapy, cognitive behavioural therapy, dialectical behavioural therapy, relaxation strategies, skills training, interpersonal therapy and narrative therapy.

CSS aims to:

- provide timely intervention for those identified as needing either low to moderate intensity mental health counselling support according to the stepped care model.
- the CSS model supports those participants aged 16 years and older that identify with a mental health condition or concern.
- work collaboratively with the therapeutic alliance members at hub and spoke location to achieve the alliance's expectations of high-quality collaboration services.

**Hours and location:** The hours are 24 per week until 31st December 2024 with possibility of extension. The role is based in Grafton which is 35 minutes from Maclean and 50-60 minutes from both Yamba or Coffs Harbour. The CSS Program is a hub and spoke model meaning support is delivered through a centralised shared hub and support in the surrounding communities. You will have access to a vehicle for work in the community. The role requires availability to work on some public holidays on a rostered basis.

## Why staff love working at The Buttery

- ✓ Brilliant company culture.
- ✓ Opportunity to bring positive change to support people living with addiction and mental health issues.
- ✓ Enjoy six weeks paid annual leave pro-rata.
- ✓ Generous NFP salary packaging options.
- ✓ Internal opportunities to transfer and work in other programs.
- ✓ Training and development opportunities.
- ✓ Access to external clinical supervision for direct service staff.
- ✓ 24/7 Employee Assistance Program free to staff and their immediate family. Includes access to an online wellbeing platform, financial and legal advice.

## About you: Selection Criteria

### Qualifications and checks

1. Degree or higher qualification in counselling with PACFA registration (type of registration to be confirmed)
2. Current and valid Driver's Licence
3. A satisfactory Criminal Record Check and Working with Children Check,
4. Current COVID vaccination and current First Aid certificate

### Experience

5. Experience providing psychotherapy and counselling support using a range of interventions such as psycho-education, acceptance and commitment therapy, cognitive behavioural therapy, dialectical behavioural therapy, relaxation strategies, skills training, interpersonal therapy and narrative therapy
6. Significant experience with assessments and supporting collaborative decision making.
7. Experience working within the mental health sector with a variety of stakeholders
8. Demonstrated proficiency using the Microsoft suite, a variety of databases and video conferencing tools such as Zoom and Teams.
9. Demonstrated commitment to cultural diversity, equal employment opportunity, legislative compliance and workplace health and safety

## Find out more:

**To apply visit [www.buttery.org.au/careers/](http://www.buttery.org.au/careers/)**

For any other queries, please contact [recruitment@buttery.org.au](mailto:recruitment@buttery.org.au)

This role is remunerated at SCHCDS Level 5 (\$47.50ph) plus super, which is a package of approximately \$97k with access to salary packaging to potentially increase your take home pay by another 5k).

**Closing date:** We will be processing applications and arranging interviews every few days so we encourage you to apply at your earliest convenience so you don't miss out!

**Apply for this role:** Email your resume and cover letter addressing the selection criteria above to [recruitment@buttery.org.au](mailto:recruitment@buttery.org.au)

In your cover letter, use each of the selection criteria above as a heading and write a brief paragraph under each one addressing it. Unfortunately, applications that do not address the selection criteria will not be considered.