

Everyone is welcome at a Safe Haven

- Any community member is welcome
- All ages are welcome
- No referral or appointment is required. Drop-ins are encouraged.

All sites open 7 days, 12pm - 6pm



Woodburn

Visitors Information Centre,
114 River Street,
Woodburn

Mullumbimby

15 Tincogan Street,
Mullumbimby
(Behind the Mullumbimby and
District Neighbourhood Centre)

Lismore

The Quad (the carpark)
110 Magellan Street,
Lismore

Murwillumbah

Shop 10-12/41-45
Murwillumbah Street,
Murwillumbah

Opening hours

7 days a week | 12 midday – 6pm

For general enquiries email:

support@safehavennc.org.au

Visit safehavennc.org.au

Emergency support when Safe Haven hubs aren't open.

If you are experiencing an emergency: Call 000

If you are in distress and we are not open, you can contact the following numbers:

Lifeline 13 11 14

Aboriginal and Torres Strait Islander People
13YARN (139276)

NSW Mental Health Line 1800 011 511



We acknowledge the traditional custodians of the land we live and work, the Bundjalung, Arakwal, Yaegl, Gumbaynggirr, Githabul, Dunghutti and Birpai Nations, and their continuing connection to land, sea and community. We pay our respects to elders past, present and future.



Safe Haven staff are committed to embracing diversity and eliminating all forms of discrimination in the provision of health and other services. We welcome all people irrespective of ethnicity, lifestyle choice, faith, sexual orientation and gender identity.

**HEALTHY
NORTH COAST**




THE BUTTERY

Safe Haven North Coast hubs have been established and are funded by Healthy North Coast through the NSW Government's Northern NSW Flood Recovery Program. Safe Haven North Coast services are delivered by The Buttery.

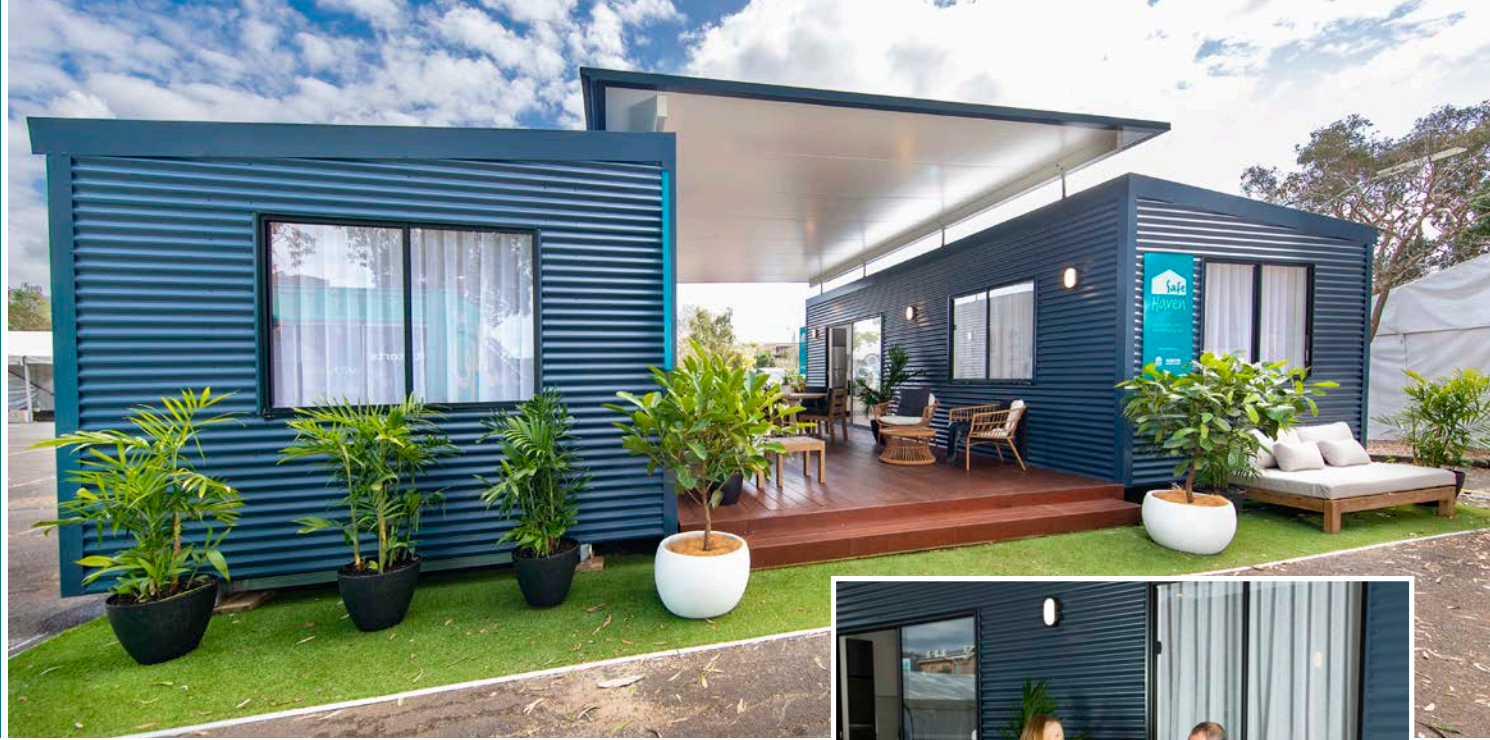
Safe Haven



Your community support
and wellbeing hub

Safe Haven

Supporting
your community



Safe Haven hubs support the mental health and wellbeing of local communities in Northern NSW

Community members can drop into a Safe Haven hub to access free on-the-spot services.

Clinical and non-clinical staff are available at the Safe Haven hubs to provide evidence-based personalised care, including counselling support, connection, and referral.

Visit one of our four Safe Haven hubs in Woodburn, Lismore, Mullumbimby and Murwillumbah.

Open 7 days a week from 12pm - 6pm. No appointments are necessary and all ages are welcome.

Your Safe Haven community support and wellbeing hub offers:

- immediate support to improve mental distress and reduce suicidal thoughts and behaviours
- information about local mental health and drug and alcohol services
- a welcoming and caring environment for anyone feeling overwhelmed or needing support.

