



THE BUTTERY  
ENRICHING LIVES

**Cost:** While the NSW Ministry of Health has provided funding for the Buttery MTA Program, residents in the program are still expected to contribute 80% of their Centrelink Benefit or the equivalent to cover food, accommodation and other costs associated with their stay at The Buttery.



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**mta** MAINTENANCE TO  
ABSTINENCE  
PROGRAM

THE BUTTERY MTA PROGRAM

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ABN 53 130812 994

Funded by NSW Ministry of Health



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## What is The Buttery MTA Program?

The Buttery Maintenance to Abstinence Program (MTA), is for those people who wish to withdraw from an opiate substitute maintenance program to pursue an abstinence based lifestyle in a residential setting. The MTA Program is modeled on the principles of a therapeutic community. MTA provides a safe, medium term residential program allowing residents to reduce and adjust to an abstinence based lifestyle over a three month period.

Participation in the MTA Program will provide opportunities for personal change, the acquisition of living skills and the coping skills to deal with life without drugs or alcohol.

For MTA residents who wish to extend their time in treatment, there will be an opportunity to participate in the abstinence based therapeutic community once the reduction is complete.

## Admission.

### Eligibility:

- The applicant has a problematic drug using history of over two years.
- The applicant is 20 years of age or older.
- The applicant is not facing legal proceedings for which his/her stay at The Buttery or application to come to The Buttery will be used as a mitigating factor in Court proceedings.
- Owing to staffing constraints and the demands of the program we cannot accept people who have major psychiatric problems.
- We do not have the facilities to cater for couples or single parents with children.
- The applicant must be in receipt of a Centrelink benefit or be able to self fund an equivalent amount of money.

Prior to admission, potential residents will need to transfer to a Subutex or Suboxone program in consultation with their current prescriber and begin a personalised reduction regime in consultation with Buttery staff.



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For an assessment please call

02 6687 2399

Fridays between 9am & 1pm or 2pm & 4.30pm

